

2003 MSHSL Section 5A at St. John's University - Wednesday, May 28, 2003

Teams: Annandale 63, St Cl Cathedral 59, Foley 57, Melrose 53, Albany 52, Mayer Lutheran 50, Long Prairie-Grey Eagle 46, Delano 46, Pierz 39, Atwater-Cosmos-Grove City 28½, Holdingford 23, New London-Spicer 23, Upsala/Swanville 19, St John's Prep 18, Milaca 16, Becker 15½, Sauk Centre 15, Rockford 14, Paynesville 13, Holy Family Catholic 12, Lester Prairie/HI-W-W 11, Watertown Mayer 9, Royalton 8, Norwood-Young America 5, Winsted Holy Trinity 5, Maple Lake 2.

100 Meter Dash

- 1 Todd Novak, Foley(11) 11.22
- 2 Luke Hinz, Annandale(10) 11.30 (11.20p)
- 3 David Queck, Annandale(10) 11.31
- 4 Anthony Schulzentsberg, Melrose(12) 11.38
- 5 Peter Chung, St John's(11) 11.44 (11.38p)
- 6 Mark Miller, New L-S(12) 11.51 (11.40p)
- 7 Kyle Hamacher, Becker(11) 11.58
- 8 Mark Poepping, Pierz(12) 11.64

200 Meter Dash

- 1 Mike Linneman, Melrose(11) 22.50
- 2 Alex Knodell, Rockford(12) 22.80
- 3 Anthony Schulzentsberg, Melrose(12) 22.95
- 4 Ben Pohlmann, LongPr-GE(10) 23.14
- 5 Mark Miller, New L-S(12) 23.30
- 6 Mitchell Vedders, Milaca(11) 23.35
- 7 Luke Hinz, Annandale(10) 23.54 (23.19p)
- 8 Todd Novak, Foley(11) 23.79 (23.41p)

400 Meter Dash

- 1 Ben Pohlmann, LongPr-GE(10) 51.16
- 2 Dustin Kociemba, Albany(12) 51.39
- 3 Ethan Beilkie-McCallum, St John's(12) 52.72
- 4 Mat Eickhof, SC Cath(12) 52.76
- 5 David Queck, Annandale(10) 52.86
- 6 David Pettit, LesterPrHIWW(12) 53.41
- 7 Josh Keating, Holy Trinity(12) 53.74
- 8 Eric Seppelt, Foley(11) 54.19

800 Meter Run

- 1 Nick Salay, SC Cath(12) 1:59.96
- 2 Jake Jenc, Sauk Centre(11) 2:00.46
- 3 Brian Moshier, Foley(12) 2:03.75
- 4 Adam Burandt, NorwoodYA(11) 2:04.50
- 5 Adam Goebel, Albany(12) 2:04.90
- 6 Nick Demarais, Annandale(10) 2:07.30
- 7 Eli Solinger, Pierz(12) 2:08.68
- 8 Brad Ratdke, Albany(12) 2:08.94

1600 Meter Run

- 1 Zach Solinger, Pierz(10) 4:25.98
- 2 Nick Salay, SC Cath(12) 4:3.75
- 3 Luke Schumacher, Sauk Centre(12) 4:41.81
- 4 Peter Ferlis, Holy Family(10) 4:42.45
- 5 Sam Jurek, Foley(10) 4:44.35
- 6 Matt Janning, WatertownM(9) 4:45.10
- 7 David Donbos, MayerLuth(11) 4:45.55
- 8 Ryan Grambart, Annandale(11) 4:50.69

3200 Meter Run

- 1 Micah Jarrot, Albany(11) 9:59.64
- 2 Brian Kuelbs, LongPr-GE(11) 10:01.94
- 3 Tim Marrinan, SC Cath(11) 10:03.66
- 4 Zach Solinger, Pierz(10) 10:09.72

- 5 Riley Flanders, Paynesville(12) 10:11.82
- 6 David Honebrink, MayerLuth(12) 10:15.62
- 7 Peter Ferlis, Holy Family(10) 10:15.64
- 8 Josh Saba, Becker(12) 10:20.29

High Hurdles

- 1 Mike Drew, MayerLuth(12) 15.38
- 2 Mike Leither, SC Cath(11) 15.56
- 3 Jacob Workman, Delano(12) 15.82 (15.81p)
- 4 James Peterson, Holy Family(11) 15.96
- 5 Tony Swenson, Milaca(12) 16.25 (16.21p)
- 6 Garrett Vanderwater, MayLu(12) 16.34 (16.16p)
- 7 Danny Evenson, AtwatrCGC(11) 16.57 (16.29p)
- 8 Jeremy Larson, Annandale(11) 17:07 (16.22p)

Intermediate Hurdles

- 1 Mike Linnemann, Melrose(11) 40.25
- 2 Mike Leither, SC Cath(11) 40.80
- 3 Jacob Workman, Delano(12) 41.59
- 4 Jake Norgren, Rockford(12) 42.24
- 5 Tony Swenson, Milaca(12) 42.97
- 6 Jeremy Larson, Annandale(11) 43.21
- 7 Brandon Backes, Becker(10) 43.23
- 8 Sam Royce, Delano(11) 43.97

4x100 Relay

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|---------------------|--------------------|
| 1 Foley 45.03 | 5 Mayer Luth 46.28 |
| 2 Pierz 45.47 | 6 AtwaterCGC 46.38 |
| 2 Melrose 45.47 | 7 Annandale 46.64 |
| 4 Holdingford 45.61 | 8 Delano 47.28 |

4x200 Relay

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|------------------------|------------------------|
| 1 Annandale 1:32.53 | 5 Holdingford 1:34.76 |
| 2 New London-S 1:33.97 | 6 Holy Trinity 1:35.91 |
| 3 Pierz 1:34.13 | 7 Milaca 1:36.08 |
| 4 Watertown-M 1:34.45 | 8 Melrose 1:39.45 |

4x400 Relay

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| 1 SC Cath 3:32.53 | 5 Paynesville 3:40.14 |
| 2 Mayer Luth 3:32.90 | 6 LongPrGE 3:42.57 |
| 3 Foley 3:35.95 | 7 NewLondon-S 3:43.18 |
| 4 Delano 3:37.84 | 8 Albany 3:50.70 |

4x800 Relay

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|-----------------------|------------------------|
| 1 Albany 8:11.69 | 5 SC Cathedral 8:43.24 |
| 2 Mayer Luth 8:19.48 | 6 Delano 8:49.44 |
| 3 Annandale 8:23.93 | 7 Pierz 8:59.42 |
| 4 Paynesville 8:31.59 | 8 Sauk Centre :05.58 |

Shot Put

- 1 Jeff Dirkes, Albany(11) 50-8 ¾
- 2 Paul Backowski, Foley(10) 48-6
- 3 Aaron Brixius, Melrose(12) 46-0 ¼
- 4 Andy Klaers, Delano(12) 45-9 ¾
- 5 Ryan Zylstra, Annandale(12) 45-7 ¾

- 6 Joe Nordin, AtwaterCGC(11) 44-5 ¾
- 7 Travis Mrozek, UpsalaS(11) 43-9 ¾
- 8 Matt Hart, WatertownM(11) 43-8

Discus Throw

- 1 Andy Klaers, Delano(12) 162-4
- 2 Jeff Dirkes, Albany(11) 152-4
- 3 Aaron Brixius, Melrose(12) 138-6
- 4 Ryan Zylstra, Annandale(12) 138-5
- 5 Travis Mrozek, UpsalaS(11) 132-8
- 6 Joe Nordin, AtwaterCGC(11) 129-4
- 7 Brett Moening, Melrose(12) 127-6
- 8 Eric Olson, Foley(12) 126-8

Long Jump

- 1 Dan Miller, UpsalaSw(12) 21-5 ½
- 2 Sam Krystosek, Royalton(12) 20-9
- 3 Luke Hinz, Annandale(10) 20-6 ½
- 4 Dan Rueckert, AtwaterCGC(11) 20-2 ½
- 5 Russell Clark, Delano(12) 19-11
- 6 Mark Flowers, St John's(10) 19-10 ¼
- 7 Kyle Oostra, LongPrGE(11) 19-9 ¼
- 8 Mark Poepping, Pierz(12) 19-7 ¼

Triple Jump

- 1 Kyle Oostra, LongPrGE(11) 43-6 ¾
- 2 Jeremy Dombrowski, Holdingford(12) 42-2 ½
- 3 Jordan Cox, Becker(9) 42-1 ½
- 4 Mark Flowers, St John's(10) 40-9
- 5 Roger Sliney, LesterPrHIWW(11) 40-4 ½
- 6 Adam Ruis, Milaca(10) 40-3 ¾
- 7 Travis Calhoun, Delano(11) 39-11 ¾
- 8 Alex Knodell, Rockford(12) 39-7 ¼

High Jump

- 1 Mike Drew, MayerLuth 6-2
- 2 Kyle Oostra, LongPrGE(11) 6-2
- 3 Justin Haats, NewLondon-S(9) 6-0
- 4 Danny Kimman, Pierz(11) 6-0
- 5 David Pettit, LesterPrHIWW(12) 6-0
- 6 Ben Schmiesing, UpsalaSw(12) 5-10
- 7 Derrick Hetzler, Maple Lake(11) 5-10
- 8 David Honebrink, Mayer Luth(12) 5-10

Pole Vault

- 1 Jason Beutz, Foley(12) 13-8
- 2 Dan Evenson, AtwaterCGC(12) 13-2
- 3 Robb Berscheid, Holdingford(12) 12-8
- 4 Brandon Backes, Becker(10) 12-2
- 4 Isaac Fordyce, AtwaterCGC(12) 12-2
- 6 Jacob Workman, Delano(12) 12-2
- 7 Andy Blasczyk, Annandale(11) 12-2
- 8 Jeff Anenson, Mayer Luth(12) 12-2

Notes: Prelim times only noted if faster than final times.